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*Laying the foundations for our children to be confident and respectful and to achieve their potential*

## **Sports Premium Impact Review 2017-18**

### **Key Indicator 1: Engagement of all pupils in regular physical activity**

- Most classes have introduced running laps of the playground during their afternoon sessions. Key Stage One have tried to jog continuously around the playground for 10 minutes without stopping. Key Stage Two had a variety of ways to motivate the children, either by timing how long it takes to run around the playground 10 or 20 times or collecting bands to record the number of laps in 15 minutes.

For example, Y5 began by collectively running 275 laps within 15 minutes, which increased to 427 laps by the end of the year. This shows how much fitter the children have become by regularly exercising.

The main barrier for completing the running activity, is unfortunately the weather, therefore it didn't happen every day of the week.

- The Year 5 children have all been trained and actively lead sessions for the Key Stage One children during the lunchtimes. The younger children have enjoyed their sessions with the Playleaders. The Year 4 children are all trained and ready to lead sessions starting in September 2018.

### **Key Indicator 2: The profile of PE and Sport being raised across the school as a tool for the whole school improvement**

- Sporting achievements have been celebrated each week with two children from each class nominated by the Sports Coach for outstanding effort, skills or sportsmanship. These children were presented with a certificate in Gold Book assembly at the end of the week. Parents were invited to see their child being presented with their certificate.

Children who have achieved well outside school have shown their sporting certificates to either the whole school or their class. For example some children represented the school at a Watford and District swimming Gala during a Friday evening and one child won a medal and then was selected to participate in the Inter County Gala.

- We now have Two PE Notice boards within the school. One which relates to the curriculum, which displays children taking part in PE, showing good examples of different types of gymnastic balances. The other board is an information board, which informs the children about different sporting opportunities within school and those in the local area. This also shows fixtures and results from our Inter School Competitions.
- At the beginning of the year we invited Olympic rower, Toby Garbett into school who presented an assembly to the whole school about believing in yourself and coping methods when things don't go to plan. He then ran workshops for the Year 5 and Year 6 about the importance of mental strength and well-being. The children were inspired by his life story and some of the coping techniques were referred to throughout the year when children were finding things tough.

### Key Indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and Sport

- Two new members of staff (NQTs) attended the gymnastics course organised by the School Sports Partnership (SSP). They returned to school very enthusiastic and gave feedback to the rest of the staff at a staff meeting and showed staff examples of how to set out the equipment for gymnastics. One of the members of staff then felt more confident and was able to train a team of children to participate in the Year 3 and 4 Key Steps Competition organised by the SSP where the team came 5<sup>th</sup>.
- The staff have found the new 'moves' resource useful to support them in teaching their PE lessons. The resources not only gives you the lesson plans, it also shares videos and music which can be used with the children. This has increased the confidence of the staff as it clearly shows what is expected within the lesson.
- Each class had 2 sessions run by West End Schools Company who ran dance workshops. The children were delighted by the dance routine and the staff gathered lots of ideas about how to put dance routines together in their own lessons.

### Key Indicator 4: Broader experience of a range of sports and activities offered to all pupils

- We have provided 3 new clubs during the academic year – Pilates, girls football and archery. All classes were given the opportunity to try each of these clubs within curriculum time. The club numbers for Pilates and Archery have been small but we have noticed that some of the children who attended are children who do not participate in the 'usual' sporting activities and therefore feel we have succeeded in introducing new children into being active.
- Three members of staff have provided free sporting clubs over the year, so that all children within years 4, 5 and 6 had the opportunity to take part in the team sports of netball, rugby and rounders without parent's income being an issue. The number of children who attended these clubs were higher than any other clubs in school.

### Key Indicator 5: Increased participation in competitive sport

- We entered 12 whole class competitions organised by the Three Rivers and Watford School Sports Partnership throughout the year. This is an increase of 2 compared to the previous academic year.
- After 25 girls attending a football taster session, 18 of these regularly attended the club after school.
- We entered a Girls Football Team into the SSP league for the first time in the Schools history. The squad consisted of 14 girls, from Y5 and 6, who played regularly in each match. The team came 2<sup>nd</sup> in the league and went through to the League Final.
- We entered 5 extra competitive sports events which are not provided by the SSP including:
  - Junior Challenge Cross Country – Under 8s 5<sup>th</sup> boys and 8<sup>th</sup> girls, Under 10s 18<sup>th</sup> boys
  - Y6 Hertfordshire Tennis Competition– 3<sup>rd</sup> Boys
  - Y5 Hertfordshire Tennis Competition – 6<sup>th</sup> Boys
  - Y6 Psd 5-a-side Football Competition- 1<sup>st</sup>
  - Watford Swimming Gala – 3<sup>rd</sup> in Y5 boys backstroke and 4<sup>th</sup> Y6 girls Freestyle
- See attached Sporting achievement results



**Other indicator identified by the school: Additional Swimming**

- Year 3 swimming lessons are provided by the school as part of the curriculum. We have used our Sports funding to extend the provision to the Year 4 children.
- Year 6 children parents were asked about the swimming competency of their child to determine their ability. The results were:

<b>Y6 swimming ability - Spring 2018</b>	
Criteria	Number of pupils
swim competently, confidently and proficiently over a distance of at least 25 metres	25 (96.2%)
use a range of strokes effectively	24 (92.3%)
perform safe self-rescue in different water-based situations	19 (73%)

**Other indicator identified by the school: Resources and equipment**

- As a school, it was decided that the priority was to provide the Key Stage Two children with climbing equipment out in the playground to promote physical activity during playtimes and lunchtimes. This was funded through money raised by the Sarratt Parents Association and money from the school budget along with a top up from the Sports Premium Funding. The children will benefit from this new equipment from September 2018.
- Top up resources have been purchased to enhance the quality of PE lessons throughout the school.



## Sporting Achievements 2017-18

<u>Autumn Term</u>	<u>Results</u>
October 4 <sup>th</sup> – Netball match v Christchurch October 5 <sup>th</sup> – Y4 Tri Golf Festival October 10 <sup>th</sup> – Football v Chorleywood October 12 <sup>th</sup> – Netball v Maple Cross October 12 <sup>th</sup> – Netball v Chorleywood October 12 <sup>th</sup> – Netball v The Russell October 16 <sup>th</sup> Football v Maple Cross October 31 <sup>st</sup> – Football v Christchurch November 6 <sup>th</sup> – Football v The Russell November 16 <sup>th</sup> – Y5 Fun Run  PARTNERSHIP FOOTBALL LEAGUE – 2ND	Lost 10 – 3 A – 2 <sup>nd</sup> , B – 3 <sup>rd</sup> , C – 3 <sup>rd</sup> Won 6 – 0 Won 3 – 2 Draw 4 – 4 Lost 8 – 5 Won 7 – 4 Won 6 – 0 Lost 0 – 2 Boys – 3 <sup>rd</sup> , 6 <sup>th</sup> and 10 <sup>th</sup>
<u>Spring Term</u>	<u>Results</u>
January 9 <sup>th</sup> – Y6 Indoor Athletics Competition January 16 <sup>th</sup> – Girls Football v Maple Cross January 18 <sup>th</sup> – Y4 Indoor Athletics Competition January 31 <sup>st</sup> – Girls Football v The Russell February 1 <sup>st</sup> – Y6 Boys Indoor Athletics Final February 27 <sup>th</sup> – Y3/4 Gymnastics Competition March 8 <sup>th</sup> – Rugby v Chorleywood March 14 <sup>th</sup> – Rugby v Christchurch March 20 <sup>th</sup> – Y6 Quicksticks Hockey Competition March 23 <sup>rd</sup> – Rugby v Maple Cross March 24 <sup>th</sup> – Y5 Cross Country Final March 24 <sup>th</sup> – Junior Challenge – Cross Country  PARTNERSHIP GIRLS FOOTBALL LEAGUE – 2 <sup>ND</sup>	Boys – 1 <sup>st</sup> , Girls – 3 <sup>rd</sup> Won 5 – 4 Boys – 2 <sup>nd</sup> , Girls 5 <sup>th</sup> Lost 8 – 1 3 <sup>rd</sup> out of 5 5 <sup>th</sup> out of 7 Draw 2 – 2 Lost 3 – 2 2 <sup>nd</sup> out of 10 Won Boys – 8 <sup>th</sup> , 34 <sup>th</sup> and 47 <sup>th</sup> out of 62 Under 8s Boys – 5 <sup>th</sup> , Girls – 8 <sup>th</sup> Under 10s Boys – 18 <sup>th</sup>  Through to the Partnership Final
<u>Summer Term</u>	<u>Results</u>
April 18 <sup>th</sup> – Girls Football League Final April 26 <sup>th</sup> – Rugby v The Russell April 27 <sup>th</sup> – Watford Schools Swimming Gala May 15 <sup>th</sup> – Rounders v Maple Cross May 17 <sup>th</sup> – Y2 Indoor Athletics Competition May 22 <sup>nd</sup> – Y6 5-a-side Football Tournament June 5 <sup>th</sup> – Y6 Kwik Cricket Festival June 5 <sup>th</sup> – Rounders v Chorleywood June 6 <sup>th</sup> – Y6 Yellow Tennis Competition June 14 <sup>th</sup> – Y4 Red Tennis Competition June 19 <sup>th</sup> – Rounders v Christchurch June 27 <sup>th</sup> – Y5 Green Tennis Competition	6 <sup>th</sup> of 8 Won Y5 Boys – 3 <sup>rd</sup> in Back stroke, Y6 Girls 4 <sup>th</sup> in Freestyle Won 8 – 5 9 <sup>th</sup> out of 12 1 <sup>st</sup> out of 8 A – 2 <sup>nd</sup> , B – 1 <sup>st</sup> , C 3 <sup>rd</sup> Lost 10 – 6 3 <sup>rd</sup> Boys 5 <sup>th</sup> out of 12 Won 8 – 6 6 <sup>th</sup> Boys